

AR DDYDD SADWRN YN LLEOLIADAU CYMUNE: DOL LEDLED SIR BENFRO

26AIN MEDI CANOLFAN GYMDEITHASOL BRYNBERIAN

3YDD HYDREF NEUADD BENTREF CILGERRAN (YR KARMARU)

10FED HYDREF MAES PARCIO Y COACH HOUSE, LLANDUDOGH

17FEG HYDREF CANOLFAN HERMON

DEWCH A'CH POTELI AC AFALAU WEDI'I GOLCHI. GWN-AWN NI SUDDIO

SUDDIO O 10.30YB I 3.30YP

CYNGOR AM DDIM O ARBEINIGWR AFALAU

MAE TYFU CYSYLLTIADAU GWELL YN CYFLWYNO CYFRES O... **DYDDIAU SUDDIO AFALAU**
CRISO I BAWB

GWELWCH WWW.CWMARIAN.ORG.UK/GBC AM WYBODAETH.
 RYDYM EISIAU GWIRFODDOLWYR, ALLECH CHI HELPŴ?
 CYSYLLTWCH ARNOM GBC@CWMARIAN.ORG.UK

Adroddio gan Lywodraeth Cymru Ffondeo By Wales Government

CARE care & food resources energy

GROWING BETTER CONNECTIONS

THE COACH HOUSE

ON SATURDAYS IN COMMUNITY VENUES ACROSS NE PEMB

26TH SEPT BRYNBERIAN COMMUNITY CENTRE

3RD OCT CILGERRAN VILLAGE HALL TBC

10TH OCT THE COACH HOUSE CAR PARK ST DOGMAELS

17TH OCT CANOLFAN HERMON

BRING WASHED APPLES & BOTTLES. WE'LL JUICE

JUCING FROM 10.30AM TILL 3.30PM

FREE ADVICE FROM AN APPLE EXPERT

GROWING BETTER CONNECTIONS PRESENTS A SERIES OF FREE... **APPLE JUICING DAYS**

ALL WELCOME SEE WWW.CWMARIAN.ORG.UK/GBC FOR INFO

WE NEED VOLUNTEERS, CAN YOU HELP? CONTACT GBC@CWMARIAN.ORG.UK

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